

breathlessness



If you have experienced any of these symptoms, the *Aerobika*® device may help.

aerobika.ca



Aerobika® device is clinically proven to reduce COPD flare-ups.

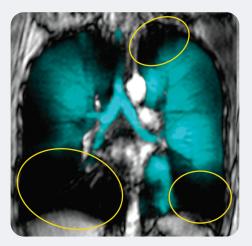
Clinically validated by MRI Lung Imaging:

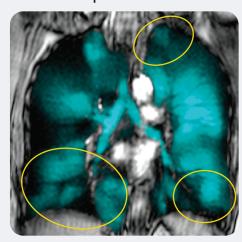
BEFORE

Baseline Care



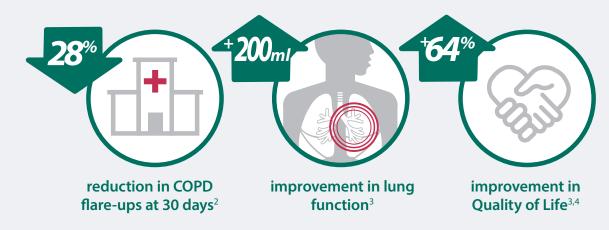
Baseline care plus Aerobika® device



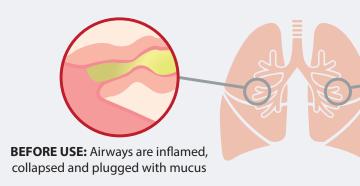


Teal colour and intensity show areas with air distribution. Yellow circles represent areas of greatest change **after 3–4 weeks of** *Aerobika*® device use.¹

It's time to break the flare-up cycle.



How the *Aerobika*® device works





AFTER USE: As you exhale through the device, the airways are opened



As the airways open, vibrations help thin and loosen mucus which can then be coughed out

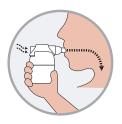


This may help your inhaled medication work better⁵

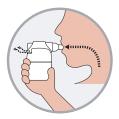
HOW TO USE



CLOSE LIPS around mouthpiece



2 INHALE and HOLD 2–3 seconds



Steady, firmly
3 EXHALE — slowly,



4 REPEAT and huff cough



Start at the middle setting. Move up or down if needed.



HOW TO CLEAN



WASH in soapy water



RINSE in clean water



3 AIR DRY thoroughly



DISHWASHER SAFE top rack in basket

RECOMMENDED THERAPY GUIDE

Post-flare-up therapy



For the critical 30 days after a COPD flare-up – Administer for 10 minutes, at least twice daily.

Long-term control



For ongoing airway
maintenance – Continue to use
at least once a day.

1. Svenningsen S, et al. J COPD 2016;13(1):66-74. 2. Burudpakdee C, et al. Pulm Ther 2017;3(1):163-171. 3. Adapted from Svenningsen S, et al. J COPD 2016;13(1):66-74. 4. Stocklev RA. Abstract presentations: COPD10. Rimingham. United Kingdom. 2016. Change Object Pulm Dis. 2017; 4(3): 225-246. 5. Wolkeye N. et al. CHEST 2002;121(8):702-70.

















The Lung Association believes that the **Aerobika®**OPEP device is a drug-free way to open airways,
clear mucus and reduce breathlessness.

저희 부스에 방문해 주시고 자료를 검토해 주셔서 감사드립니다.

저희 맥진 메디칼은 본 Aerobika 객담배출 유도기에 대해 관심을 가지시고 추가 정보를 원하시는 의사 선생님들께 관련 논문이나 샘플 등을 제공해 드릴 예정입니다.

추가 정보를 원하실 경우 아래 연락처를 이용해 연락 주시기 바랍니다.

감사합니다.



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